

5K IRISH JIG JOG

3.1 miles

SATURDAY MARCH 10

Stony Ridge Park - 50 Bernheisel Bridge Rd, Carlisle, PA 17015

Snow Make-Up Day - March 17th

\$15 Pre-Registration – by Feb. 21, 2012

\$20 Regular Registration

5K participant receives an event t-shirt and bag of goodies. Shirt sizes are not guaranteed and available first come, first serve.

Prizes and Awards – no duplication of awards

- Top Overall
- Top Male & Female
- Top for each age category

DRESS IN GREEN



Costume Contest!

5K RUN/WALK

No age restriction. *Starts at 9 am*

Check-in: 8:00 am - 8:45 am

The course winds through Stony Ridge Park and onto Bernheisel Bridge Rd. A few rolling hills. Forms are online.

LEPRECHAUN "LAP" - FREE

Kids under 10 *Start at 10:00 am*

Check-in: 9:00 am - 9:45 am

The lap is free. Kids earn a small prize for participating – no shirt. Forms are online.

HOW TO REGISTER

Complete the entry forms available online at www.silverspringtwp-pa.gov (*Parks and Recreation tab/Special Events*) Send your signed copy & payment to the address below. The Leprechaun Lap is free. Electronic signatures are not valid.

Call 717.766.1657 to REGISTER